

ST. MARK'S VS. PADUA
@St. Mark's High School
Wednesday, March 25rd 2009 3:30pm 52 degrees, sunny

Team Meet Results
Padua 77 St. Mark's 60

KEY

AQ=Automatic State Meet Qualifier
PQ=Provisional State Meet Qualifier
SR=School Record
WOW= Ridiculous
PTP'er=Prime Time Performer
DYST?= Did You See That?
CIAC=Call it a Comeback!
BDAA= Big Day All-Around
BTI= Big Time Improvement

Shot Put

2 Allshouse	30'6 1/2"	AQ, PTP'er
Jones	20'9 1/2"	
Mitchell	19'	
Mey	18'10"	
Bennett	18'8"	
Irbing	14'1"	

Discus

3 Allshouse	54'4"
Jones	52'7 1/2"
Mey	36'6"
Mitchell	43'3 1/2"
Bennett	39'7 1/2"
Irving	34'8"

Long Jump

3 Cope	13'9"
Evers	13'5"
Davies	12'10"
Rizzo	12'5"
Tansey	12'5"
Gangloff	12'4"
Tunis	10'9"
McKoy	10'0"

Triple Jump

2 Copes	28'5"	PTP'er
3 Evers	27'8"	
Gangloff	25'4 1/2"	

High Jump

3 Farrell	4'2"
Evers	4'0"
Cope	4'0"
Wegzen	4'0"

100m Hurdles

1 Evers	19.1	BTI
2 Cope	19.4	
3 Gangloff	21.1	
McKoy	22.5	

300m Hurdles

1 Farrell	50.6
2 Earley	51.4
3 Fogarty	52.4
Lu	55.4
Gianonne	56.2
Dunlap	61.0
Spillane	62.6

100m Dash

1 Knowles	13.0
Rizzo	13.9
Newton	14.2
Al-Amin	14.4
Powell	14.7
Hamberger	14.9
Reilly	15.2
Bazan	15.8
Short	17.0
Habtewold	17.9

4 x 100m Relay

1 Newton	14.9
Gangloff	15.0
Al-Amin	14.0
Rizzo	12.9
	**56.8

Davies
Tunis
Tansey
Bazan
**61.0

Hamberger
McKoy
Habtewold
Reilly
**63.0

200m Dash

Earley	29.0
Farrell	29.4
Gianonni	30.3
Newton	30.5
Al-Amin	30.8
Powell	31.1
Tunis	32.1
Tansey	32.2
Davis	32.8
Short	36.8

EVENT WOW!!

AQ, WOW!!
AQ, DYST?
AQ, DYST?

AQ, WOW!!

CIAC

BTI

BTI

4 x 200m Relay

Gianonne	31.3	
Farrell	28.7	
Davies	34.2	
Fogarty	27.5	PTP'er
**2:01.4		

Dunlap	31.6	
Lu	30.7	
Tansey	32.2	
Spillane	32.4	
**2:07.9		

Davis		
Powell		
McIntyre		
Pike		
** No Time		

400m Dash

1 Knowles	1:02.4	AQ, WOW!!!
Allen	1:13.1	
Blackwell	1:14.0	
Wegrzyn	1:16.4	
Kolakowski	1:16.7	
Kaminski	1:18.1	
Cochran. A	1:21.0	

4 x 400m Relay

1 Frydrych	1:08.9	
Blackwell	1:15.0	
Fogarty	1:09.8	
Sullivan	1:07.2	DYST?
**4:41.2		

Harrison	1:17.1	
Kolakowski	1:19.0	
Cochran. S	1:16.0	
Kaminski	1:26	
**5:20.9		

Barrett	1:23	
Muddiman	1:28.5	
Washington	1:30	
Richards	1:35	
**5:55		

800m Run

1 Frydrych	1:15	1:13	2:27.0	AQ, WOW
3 Sullivan	1:15	1:17	2:34.6	AQ, DYST?
Allen	1:22	1:30	2:52.0	
Barrett	1:42	1:45	3:27.5	
Cahill	1:43	1:44	3:27.2	
Muddiman	1:35	1:56	3:31.4	
DelNegro	1:43	1:48	3:31.8	
Wegrzyn	1:43	1:47	3:32.9	
Washington	1:43	1:51	3:34.9	
Palermo	1:43	1:57	3:40.0	
Lopez	1:51	1:54	3:45.0	
Brant	1:45	2:50	4:32.0	

4 x 800m Relay

Settle	1:20	1:23	2:43	DYST?
Harrison			2:58	
Steenkamer			3:03	
Kaminski			3:09	
**11:53				

Washington	1:38	1:57	3:35	
Cochran. S			2:56	BTI
Carlson			3:21	
Paulson			3:22	
**13:19				

Cahill	1:33	1:49	3:22	
Palermo			3:59	
DelNegro			3:50	
Lopez			3:54	

1600m Run

1 Frydrych	1:22	1:27	1:28	1:12	5:29	AQ, BDAA
Sullivan	1:22	1:27	1:28	1:19	5:36	AQ, BDAA
Steenkamer	1:32	1:40	1:42	1:31	6:25	
Paulson	1:35	1:53	1:57	1:50	7:15	
Carlson	1:34	1:54	2:02	1:57	7:27	

3200M Run

Sowden	1:31	1:37	1:38	1:39	(6:25)	AQ
	1:40	1:38	1:37	1:22	(6:17)	12:42

Pollock	1:31	1:37	1:38	1:39	(6:25)	AQ
	1:40	1:38	1:37	1:22	(6:17)	12:42

Settle	1:36	1:43	1:42	1:42	(6:45)	
	1:44	1:46	1:41	1:35	(6:45)	13:31

Pesetsky	1:42	1:49	1:56	1:54	(7:21)	
	1:53	1:57	1:56	1:36	(7:20)	14:41