

CATHOLIC CONFERENCE CHAMPIONSHIPS
@Baynard Stadium
Monday, April 27 2009 3-6PM 85-88 degrees, Sunny, breezy

KEY

AQ=Automatic State Meet Qualifier
PQ=Provisional State Meet Qualifier
PR= Personal Record
SR=School Record
WOW= Ridiculous
PTP'er=Prime Time Performer
DYST?= Did You See That?
CIAC=Call it a Comeback!
BDAA= Big Day All-Around
BTI= Big Time Improvement

Shot Put

2 Allshouse 29'7" **PTP'er**
5 Jones 21'1 1/2" **PTP'er**

Discus

Bennett 71'10" **BTI PR**
Allshouse 68'1"
Mitchell 51'6"

Long Jump

5 Gangloff 14'7 1/4" **BTI**
Cope 14'0"
Davies 13'2"

Triple Jump

3 Gangloff 30'8" **WOW!!!! AQ**
Cope 29'5" **PTP'er PQ**
Rizzo 29' **CIAC**

High Jump

2 Farrell 4'6" **BDAA**
T4 Cope 4'2"
Wegrzyn 4'0"

100m Hurdles DYST???

1 Cope 19.21 **WOW**
2 Farrell 19.72 **BDAA**
4 Gangloff 20.65

300m Hurdles DYST????

1 Fogarty 49.90 **WOW!!! PR**
2 Farrell 50.76 **WOW!!! BDAA**
3 Earley 51.11 **WOW!!! PR**

100m Dash

2 Knowles 13.41 / 13.29 **BDAA**
5 Rizzo 14.29 / 14.40
Newton 14.40 / 14.53

4 x 100m Relay

Newton
Gangloff
Giannone
Rizzo
3rd **55.37

200m Dash

4 Knowles 27.40 **BDAA**
White 28.13
Giannone 29.46

4x 200m Relay

Earley
Giannone **PTP'er**
Davies
Lu
2nd **1:59.16

400m Dash

1 Knowles 1:00.65 **DYST?**
5 Allen 1:08.21
Blackell 1:10.43

4 x 400m Relay

Sullivan 1:06.2
Earley 1:08.4
Fogarty 1:05.9
Frydrych 1:02.0 **DYST??**
2nd **4:23.09

800m Run

3 Frydrych 1:10 2:23.31 **BDAA**
Sullivan 1:1 2:33.46

4 x 800m Relay

King 1:18 1:23 2:41.3
Allen 1:15 1:24 2:39 **BTI**
Charlebois 1:18 1:27 2:45 **BTI**
Wegrzyn 1:21 1:23 2:44 **BTI**
2nd **10:50.24

1600m Run

2 Frydrych 1:20 2:46 5:27.04
Sullivan 1:20 2:46 5:38.96
Settle 1:25 2:59 4:35 6:04.83

3200M Run

3 Sowden 1:30 3:04 4:40 6:15 **PTP'er**
7:50 9:26 11:03 (6:14) 12:30.01
4 Pollock 1:30 3:04 4:40 6:15 **PTP'er**
7:50 9:28 11:04 (6:16) 12:31.86
Pesetsky 1:36 3:21 5:10 7:03
9:02 14:56

Sprint Medley (200-200-400-800)

“A”

Powell 30.5

Hamberger 30.5

McCabe 1:13

Kolakowski 2:58

**5:13.00

“B”

Dunlap 30.5

Tunis 31.5

Cochran S. 1:15

Cahill 2:58 **BTI**

**5:15.32