

**COUNTY CHAMPIONSHIPS**  
**@Baynard Stadium**  
**Friday-Saturday, May 8-9 2009**

**KEY**

**AQ**=Automatic State Meet Qualifier  
**PQ**=Provisional State Meet Qualifier  
**PR**= Personal Record  
**SR**=School Record  
**WOW**= Ridiculous  
**PTP'er**=Prime Time Performer  
**DYST?**= Did You See That?  
**CIAC**=Call it a Comeback!  
**BDAA**= Big Day All-Around  
**BTI**= Big Time Improvement

**Shot Put**

Allshouse 30' 1 ¼"  
 Mitchell 19' 1"

**Discus**

Allshouse 71' 1"  
 Bennett 68' 11"

**Long Jump**

Rizzo 13'8"  
 Cope 12'8 ½"

**Triple Jump**

Geonnotti 30'1"  
 Cope 25'10 ¼"

**High Jump**

Farrell 4'8"

**100m Hurdles**

Cope 18.67

**300m Hurdles**

Fogarty 50.50  
 Farrell 51.05

**100m Dash**

Rizzo 14.17

**4 x 100m Relay**

Geonnotti  
 Earley  
 \*\*55.36

**200m Dash**

White 27.74 **WOW PQ**  
 Oakes 28.01H **WOW**

**4x 200m Relay**

White  
 Oakes  
 Fogarty  
 Knowles 1:49.85

**400m Dash**

5 Knowles 59.53  
 Blackwell 1:07.83

**4 x 400m Relay**

Knowles 1:01  
 Sullivan 1:03  
 Oakes 1:04  
 Frydrych 1:01  
 \*\*4:11.13

**800m Run**

3 Frydrych 1:08 2:19.62  
 King 1:12 2:36.45

**4 x 800m Relay**

Frydrych 1:08 2:20  
 Sullivan 1:07 2:25  
 Sowden 1:13 2:35  
 Pollock 1:10 2:29  
 1st \*\*9:50.47

**1600m Run**

Sullivan  
 Allen

**3200M Run**

Sowden 1:25 2:50 4:21 5:57 **AQ**  
 7:50 9:29 11:07 (6:16) 12:33.08

Pollock 2:50 4:19 6:00